



Belmont Village of Buffalo Grove VillageNEWS

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A Publication of Belmont Village for Residents, Staff, Family and Friends

October 2015

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Autumn is here! Delicious treats, such as taffy apples and everything pumpkin spiced, are all around us!

What a perfect time to introduce our new Chef Manager, Michael Sahade. Michael was the Chef Manager at a large independent living facility for four years. His goal here at Belmont is to provide a delicious experience in our dining room.

Michael was born in Rutherford, New Jersey, but grew up in Seattle Washington. He has one sister who is two years younger than him. Her name is Daniela; she is a project manager for a commercial real estate company, and currently lives in New York City.

Michael experienced the desire to cook and create great food when he was very young, about eight years old. His grandmother was born in Rome, Italy, and she was one of his first teachers. Michael's father's family is from Argentina although the only Argentinean dish that he makes is empanadas.

Michael really enjoys working with fresh seafood. Because he grew up in Seattle there were always fresh crabs, mussels, salmon, razor clams and halibut. Mmmm ... all that great seafood, pretty much in his backyard.

Michael then traveled clear

across the country to Providence Rhode Island. He attended Johnson and Wales University, an excellent culinary school. He met his wife Kimberly there; she also has a culinary degree. Currently, she is a General Manager for Macy's in Water Tower Place on Michigan Avenue. (However, she now has another job, a new mom!)

Michael's hobbies include golfing, fishing, and travelling. He is also a football fan. The important question, what football team does he root for? Michael is loyal to the Seattle Seahawks but can't help but be a Bears Fan as well.

However, Michael's newest and favorite hobby is his first child, a son named William. William was born on July 29, 2015. Michael and Kimberly have an exciting year ahead; we welcome all three of them to the Belmont Village family.

Maureen



Michael and Maureen



October Birthdays

Resident Birthdays

10/5	Lenore T.
10/6	Carmen F.
10/7	Ellie R.
10/8	Don S.
10/16	Joyce R. (308)
10/18	Gladys B.
10/18	Mala J.
10/23	Martin S.
10/26	Noreen M.
10/31	Gloria R.



Staff Birthdays

10/2	Claudia C.
10/5	Marley L.
10/6	Mary N.
10/6	Razel H.
10/16	Fred A.
10/18	Ilona K.
10/20	Alma C.
10/20	Estevan O.
10/22	Renee S.
10/22	Ana G.
10/22	Jennifer B.
10/23	Stephen K.
10/24	Beata B.
10/25	Dominador B.
10/25	Adriana T.
10/29	Daisy M.

Staff Anniversaries

8 YEARS	Francis W.
5 YEARS	Ginka A.

Circle of Friends

In the Circle of Friends we have been working to incorporate and build in evening programming and activities after dinner. This has been very well received for the couple weeks we have implemented it. We are following a particular program schedule wherein we focus on specific activities each night of the week. Monday and Thursday are music appreciation, Tuesday is exercise, Wednesday is brain games, and Friday is game night.



Neighborhood News

The Neighborhood hosted its annual summer BBQ in August with traditional BBQ food and traveling entertainment. Although the weather was extremely hot, we had such a wonderful turnout of family and friends, and we made the best of it with the umbrellas for shade and ice cream for dessert. Here are just a couple photos of residents with their guests: Sharon and her family, along with Louise and her family.



Polynesian Luau!

Our residents enjoyed the Polynesian dancers at our summer luau. We sipped Piña Colodas and enjoyed tropical appetizers. The dancers performed several traditional dances from the different Polynesian Islands. Some of our very own residents, staff, and family members sang and showed off their tropical dance moves by learning various hula dances!



Will, David (Martha's son), Jerry and Mike (Beverly's husband) can really move!



Jimmy and Steve could really hula!



Martin looking "savage"!



This table followed the moves well!



Alice enjoyed dancing along!



Nina and Babe sang along!



"Don Ho" sang to Rose!

Oct. Happenings

Lunch Bunch

10/2	Tongs Hunan
10/9	T.G.I. Friday's
10/16	Baker's Square
10/23	Olive Garden

Special Events

10/01	Musical Revue Show
10/06	Welcome Lunch For New Residents
10/8	"Grandparents Shower"
10/13	Oktoberfest Day Fun!
10/14	Didier Farm Tour And Lunch Outing
10/21	Belmont Culinarian Featuring Al's Recipe
10/21	Memorial Service
10/22	Wii Tournament
10/24	G.S. Performance
10/26	Movie Day!
10/27	Food For Thought
10/27	Zumba Gold Class
10/28	Resident Council
10/28	MBA Meeting
10/29	Terri Lynch Presents: "Hysteria in Salem"
10/30	Halloween Party And Costume Parade!

Entertainment

10/4	John Boda
10/7	"Flashback" Barbershop Quartet
10/11	Nikko Naidenov
10/14	Chris Colletti
10/18	Floyd Andrews As "Liberace"
10/21	Don Reitsma
10/25	Gina Nunez
10/28	Alex Talbott

September Employee of the Month



Renee Schmidlein

Renee brings lots of joy to our residents. She has a lot of common sense and conducts herself with the happiness and safety of our residents in mind. Renee recently performed the Heimlich maneuver on a resident who was in distress! She comforts new residents moving in, reassures residents who may be having a bad day, and has a sympathetic ear to families. Additionally, Renee addresses items that impact resident satisfaction and safety; anything from foods that are hard to swallow to fixing a resident's pair of glasses, just to be helpful!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Look What's New in October: * Musical Revue - Ladies Musical Group: "Celebrate today!" * "Grandparents "Baby Shower" to Celebrate Our Wonderful Volunteers: Linda & Mike! * Zumba Gold Dance Class With Rosemary!</p>	<p>Oktoberfest Celebration: On Tuesday, Oct. 13! * Gilhooley's Entertainment * Make Your Own Pretzels! * Oktoberfest Dinner in Josephine's Kitchen</p>	<p>Halloween Fun! * Didier Farm & Lunch Outing * Halloween 2-Part Craft: Frankenstein Candy Jar * Pumpkin Decorating * Terry Lynch Presents: "Hysteria in Salem" * Halloween Party & Costume Parade Followed By Our Entertainer: John Boda!</p>		<p>10:00 TH Boot Camp 🌿 10:30 TH Bunco Game 1:30 FP Musical Revue ★ 2:30 TH Bingo ★ 3:30 FP Trivia 6:00 FP Cards With Beth</p>	<p>2 10:00 TH Exercise 10:30 FP Current Events 11:00 O Lunch Bunch At Tong's Hunan 1:30 L Shabbat ★ 2:30 TH Pokeno 6:00 FP Games With Nancy</p>	<p>3 10:00 FP Exercise 10:30 O Scenic Drive ■ 10:30 FP Rummikub Game 2:00 TH Bingo ★ 3:15 FP Blackjack/Poker 6:00 FP Board Games</p>
<p>4 9:00 O St. Mary's Church 9:30 Communion ★ 10:00 FP News & Views 2:00 FP Entertainment With John Boda ★ 6:00 FP Crossword Puzzles</p>	<p>5 10:00 TH Exercise 10:30 TH Think Tank 🌿 2:00 TH Tai Chi With Lori 🌿 3:15 FP "Laughter Is the BEST Medicine" 6:00 FP Crossword Puzzles</p>	<p>6 9:30 L Communion ★ 10:00 TH Boot Camp 🌿 11:30 TH Welcome Lunch For New Residents 1:30 TH Bingo ★ 2:30 TH Family Feud 🌿 3:30 FP Trivia 6:00 FP Games With Jen</p>	<p>7 9:30 O Walgreens 10:00 JK Exercise 10:30 TH Walking Balance 🌿 2:30 JK Wine & Cheese With "Flashback" Barbershop Quartet ★ 3:30 FP Crosswords 6:00 FP Trivia</p>	<p>8 10:00 TH Boot Camp 🌿 10:30 TH Dancercise 🌿 1:30 JK Bingo ★ 2:30 TH You're Invited To A "Grandparents" Baby Shower! 🌿 3:30 FP Trivia 6:00 FP Cards With Beth</p>	<p>9 10:00 TH Exercise 10:30 FP Current Events 11:00 O Lunch Bunch At TGIFridays 1:30 L Shabbat ★ 2:30 TH Pokeno 6:00 FP Games With Nancy</p>	<p>10 10:00 FP Exercise 10:30 FP Blackjack/Poker 10:30 O Scenic Drive ■ 2:00 TH Bingo ★ 3:15 FP Sing-A-Long ★ 6:00 FP Board Games</p>
<p>11 9:00 O St. Mary's Church 9:30 Communion ★ 10:00 FP News & Views 2:00 FP Entertainment With Nikko Naidenov ★ 6:00 FP Crossword Puzzles</p>	<p>12 Columbus Day 10:00 TH Exercise 10:30 TH Think Tank 🌿 2:00 TH Bunco Game 3:15 FP "Laughter Is the BEST Medicine" 6:00 FP Crossword Puzzles</p>	<p>13 Oktoberfest Celebration! 9:30 L Communion ★ 10:00 TH Boot Camp 🌿 10:45 FP Oktoberfest Entertainment With The Gilhooleys ★ 1:30 TH Bingo ★ 2:30 TH Make Homemade Pretzels 🌿 3:30 FP Trivia 4:30 JK Oktoberfest Dinner ★ 6:00 FP Games With Jen</p>	<p>14 9:30 O Jewel 10:00 TH Exercise 10:30 TH Didier Pumpkin Farm & Lunch Outing 🌿 2:30 JK Wine & Cheese With Chris Colletti ★ 3:30 FP Crosswords 6:00 FP Trivia</p>	<p>15 9:15 TH Gospel Songs & Jojo the Therapy Dog 🌿 10:00 TH Boot Camp 🌿 10:30 TH Craft: Make frames for the Belmont Poem The Residents Wrote 🌿 1:30 TH Bingo ★ 2:30 TH Belmont Choir Practice 🌿 3:30 FP Trivia 6:00 FP Cards With Beth</p>	<p>16 10:00 TH Exercise 10:30 FP Current Events 11:00 O Lunch Bunch At Baker's Square 1:30 L Shabbat ★ 2:30 TH Pokeno 6:00 FP Games With Nancy</p>	<p>17 10:00 FP Exercise 10:30 FP Uno Cards 10:30 O Scenic Drive ■ 2:00 TH Bingo ★ 3:15 FP Blackjack/Poker 6:00 FP Board Games</p>
<p>18 9:00 O St. Mary's Church 9:30 Communion ★ 10:00 FP News & Views 2:00 FP Entertainment With Floyd Andrews as "Liberace" ★ 6:00 FP Crossword Puzzles</p>	<p>19 10:00 TH Exercise 10:30 TH Think Tank 🌿 2:00 TH Craft: Frankenstein Candy Jar: Part One 🌿 3:15 FP "Laughter Is the BEST Medicine" 6:00 FP Crossword Puzzles</p>	<p>20 9:30 L Communion ★ 10:00 TH Boot Camp 🌿 10:30 TH Craft: Frankenstein Candy Jar: Part Two 🌿 1:30 TH Bingo ★ 2:30 TH Pumpkin Decorating 🌿 3:30 FP Trivia 6:00 FP Games With Jen</p>	<p>21 9:30 O Walgreens 10:00 TH Exercise 10:30 TH Walking Balance 🌿 1:30 TH "Belmont Culinarian" featuring AI 🌿 2:30 JK Wine & Cheese With Don Reitsma 3:30 FP Crosswords 3:45 TH Memorial Service 🌿 6:00 FP Trivia</p>	<p>22 10:00 TH Boot Camp 🌿 10:30 TH Wii Tournament - Residents With Birthdays In Feb., March, April, May, August, Sept., & Oct. 🌿 1:30 TH Bingo ★ 2:30 TH Wii Tournament - Residents With Birthdays In Jan., June, July, Nov., & Dec. 🌿 3:30 FP Trivia 6:00 FP Cards With Beth</p>	<p>23 10:00 TH Exercise 10:30 FP Current Events 11:00 O Lunch Bunch At Olive Garden 1:30 SP Shabbat ★ 2:30 JK Pokeno 6:00 FP Games With Nancy</p>	<p>24 10:00 FP Exercise 10:30 O Scenic Drive ■ 10:30 FP Blackjack/Poker 2:00 TH Bingo ★ 3:15 FP Girl Scout "Silver Performance" ★ 6:00 FP Board Games</p>
<p>25 9:00 O St. Mary's Church 9:30 Communion ★ 10:00 FP News & Views 2:00 FP Entertainment With Gina Nunez ★ 6:00 FP Crossword Puzzles</p>	<p>26 10:00 TH Exercise 10:30 TH Think Tank 🌿 1:30 O Movie Day! 3:15 FP "Laughter Is the BEST Medicine" 6:00 FP Crossword Puzzles</p>	<p>27 9:30 TH Food For Thought 🌿 9:30 L Communion ★ 10:00 TH Boot Camp 🌿 10:30 TH Zumba Gold 1:30 TH Bingo ★ 2:30 TH Tai Chi With Lori 🌿 3:30 FP Trivia 6:00 FP Games With Jen</p>	<p>28 9:30 O Jewel 10:00 TH Exercise 10:30 TH Resident Council 1:30 TH MBA Meeting - Wear Your Lanyards! 🌿 2:30 JK Wine & Cheese With Alex Talbott ★ 3:30 FP Crosswords 6:00 FP Trivia</p>	<p>29 10:00 TH Boot Camp 🌿 10:30 TH Terri Lynch Presents: "Hysteria in Salem" 🌿 1:30 TH Bingo ★ 2:30 TH Belmont Choir Practice 🌿 3:30 FP Trivia 6:00 FP Cards With Beth</p>	<p>30 10:00 TH Exercise 10:30 FP Current Events 11:00 O Lunch Bunch At 1:30 L Shabbat ★ 2:00 JK Halloween Party And Costume Contest Parade ★ 2:45 JK John Boda ★ 6:00 FP Games With Nancy</p>	<p>31 10:00 FP Exercise 10:30 O Scenic Drive ■ 10:30 FP Toss Up Dice Game 2:00 TH Bingo ★ 3:15 FP Blackjack/Poker 6:00 FP Board Games</p>



Resident Committees

President: Bart Tasca
Vice-President: Irv Reiner

The Resident Council meetings are held on the last Tuesday of the month at 10:30 a.m. in the Town Hall. The Resident Council officers encourage everyone to attend. If you would like to speak with one of the above members, please ask for their numbers at the concierge desk. The next meeting will be Oct. 28.

Transportation Schedule

Sunday: 9 a.m.
Church

Sunday: 10:30 a.m.
Neighborhood Outing

Monday: 11 a.m.
Circle of Friends Outing

Tuesday: 8:30 a.m.–4 p.m.
Doctors' Appointments

Wednesday: 9:30 a.m.
Jewel or Walgreens

Thursday: 8:30 a.m.–4 p.m.
Doctors' Appointments

Friday: 11 a.m.
Assisted Living Outing

Saturday: 10:30 a.m.
Scenic Drive



Chefs: Gloria, Mario, and Ellie F.

Our "Belmont Culinaricians!"

Both Gloria and Ellie F. submitted their recipes for Chop Suey so we decided to have a Chop Suey cook-off. The ladies, dressed in their chef hats and aprons, kept watch and supervised Mario's preparations and measurements as their recipes were being cooked. The recipes were varied with different meats and vegetables. Gloria said, "My recipe is from a can of bean sprouts 60 years ago!" After tasting both dishes, it was unanimous that both recipes were delicious and the cook-off a tie!!!

Celebrating the MBA Members!

We had an MBA pizza lunch accompanied with our meeting. 27 members made their MBA goals for July and August and received incentive pins for their lanyards! All winners' names were put in a raffle to win prizes. Everyone enjoyed the pizza, cookies, and each others company for lunch.



These MBA members were proud to reach their goals and happy to enjoy pizza together!



More proud MBA members enjoying a pizza lunch together!



Joan was all smiles watching Al wearing his raffle prize "monkey" around his neck; Violet won a bracelet and and Ruth won a scarf!



Lucky Dogs!

Lucky, that's what the dogs are at the Orphans of the Storm Animal Shelter thanks to our residents. They worked hard to make 109 homemade dog biscuits!



Violet measuring the ingredients!



Elaine S. whipping the eggs!



Joan & Natalie measuring & stirring in the ingredients!



After the dog biscuits were baked, several residents drove over to the Orphans of the Storm Animal Shelter. We had an opportunity to feed our treats to the dogs. The dogs loved them! The shelter also appreciated the newspapers that we collected last month. Thanks for your donations!



Ellie, Joyce, Emma, and Isabelle giggled as they posed "nibbling" the homemade dog treats!



MBA Outing!

Several of our residents enjoyed a beautiful day at the Chicago Botanical Gardens. We took a narrated tram tour that circled around the gardens. In addition, we strolled past a few extra gardens, including a glimpse of the "Corpse Flower" (alias "Stinky Flower") that was getting ready to bloom. Unfortunately, it did not bloom that day; however, fortunately it did not, because we later heard the "stinky" odor happens when the flower blooms!



Our group on the tram tour!



Our group out in the gardens!



Ellie R. and Emma were glad the "Corpse Flower" didn't smell yet!

Belmont Village Scene



Richard and Joyce enjoyed making their fall wreaths for their doors!



Look how beautiful Violet, Elaine and Rose's wreaths turned out!



Ellie R. and Emma decided to adorn their artwork!



Natalie and Barney created some really nice ribbon/button cards!



Estelle and Lee worked hard on their cards!



Violet, Lilli, and Elaine S. enjoyed an afternoon of Bocce Ball!



500 McHenry Road
Buffalo Grove, IL 60089

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Belmont Village Communities

CALIFORNIA: Burbank, Encino,
Hollywood, Rancho Palos Verdes,
Westwood, Thousand Oaks, San Jose,
Sunnyvale, San Diego, Cardiff by the Sea

ARIZONA: Scottsdale

CHICAGOLAND: Buffalo Grove,
Geneva Road, Oak Park, Glenview

SOUTHERN US: Memphis, Nashville,
Louisville, Atlanta—Buckhead and Johns Creek,
Dallas, Austin, Houston—West University and
Hunters Creek

