



# Belmont Village of Encino Village NEWS

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A Publication of Belmont Village for Residents, Staff, Family and Friends

September 2015

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## Fall Fun for Everyone

Fall's cooler weather makes it a perfect time for outdoor activities. Plan one of these outings and enjoy what autumn has to offer:

*Apples for all.* In addition to the opportunity to pick your own apples, many apple orchards also have a cider mill you can tour. Be sure to take home plenty of fruit and try your hand at apple pie, applesauce and baked apples. Store any unused fruit in a cool, dry place.

*Take a tour.* Many parts of the country offer views of colorful fall foliage. Go for a drive, and take a camera to record nature's beauty. Consider spending a day exploring a town you've never visited. Pack a picnic or stop at a family-owned restaurant for a one-of-a-kind meal.

*Friday night lights.* Go to a high school football game and root for the home team. The atmosphere and excitement may bring back memories of your own high school days.

*Find a fair.* Get a head start on your holiday shopping with a trip to an area craft fair. You will be sure to find unique gifts for friends and family. Don't forget to get something special for yourself!



## Help Wanted

Labor Day is a celebration of men and women in the workforce. Use this discussion topic to reminisce about your past. Talk with your friends about your memories and learn how everyone's experiences were similar or different.

- What was your first paying job? How old were you when you started it?
- Do you remember how much the job paid? Did you enjoy the work? How long did you stay in the position?
- What was your favorite job you ever had? What did you like about it?
- If you didn't work outside the home, would you have liked to? What would have been your "dream job"?



**Resident Birthdays for the Month of September**

Sam Burjoski	Sept. 7
Varouj Titizian	Sept. 9
Suzanne Geismar	Sept. 14
Esther Passy	Sept. 18
Hazel Carter	Sept. 19
Mark Ettinger	Sept. 21
Margery Huberland	Sept. 25
Sarah Greenseid	Sept. 26
Betty Hertz	Sept. 27

The birthday lunch celebration is scheduled for **Friday, Sept. 25, at 11:30 a.m.** in Josephine's Kitchen.  
RSVP at the concierge desk for you and a guest by **Monday, Sept. 21.**

**Employee Birthdays for the Month of September**

Susana Contreras	Sept. 1
Sequoia Zelaya	Sept. 2
Dolores Cerritos	Sept. 14
Lucia Romero	Sept. 15
Ana Lopez	Sept. 17
Roby Velasco	Sept. 21
Monica Vallado	Sept. 21
Adam Dimacali	Sept. 22
Dusan Kyselak	Sept. 26
Yolanda Gomez	Sept. 29



**It's Time for Football!**

Thursday, Sept. 10  
At 5:30 p.m.  
In Town Hall  
Watch the first game of the season!  
Snacks will be provided!



**Join Us for a Special Rosh Hashanah!**

Sunday, Sept. 13  
Service will be at 3:30 p.m.  
In Town Hall  
Dinner will be 4:30 - 7 p.m.  
In Josephine's Kitchen.  
RSVP by Thursday, Sept. 10.



Gaylan Stallings

**Congratulations to Our Employee of the Month - Gaylan Stallings!**

"Every time I see Gaylan in the halls, he always has a smile on his face", says Elanit Cohen from our Sales and Marketing team. "He's always chatting with the residents and they treat him like a friend, which is exactly how he treats them."

Thank you for everything you do, Gaylan!  
Congratulations and keep up the fantastic work!





## COF and Neighborhood News



This is a continuation of my article last August. I'm going to continue with "How to help a loved one diagnosed with Alzheimer's disease." It is important to remember that this does not necessarily mean a complete halt to life as you once knew it. It is vital to keep the brain active in areas of preserved cognitive functions to slow cognitive changes. When you see somebody with Alzheimer's disease very anxious or agitated, it's typically because they are in an environment that is either over- or under-stimulating. I would like to recommend some advice to stimulate the brain and maximize independence without pushing your loved ones past what the disease allows in more advanced disease stages.

**Have conversations, but give context.** Don't say, "We just talked about that," or, "Remember when?" Instead, give context: "Last year, we went to a picnic at the beach ..."

Memories will start to come together.  
**Bring the person your dilemmas.** Ask, "What do you think about ...?" or, "What would you do?" People with Alzheimer's retain their wisdom during the early and moderate stages. They love to share it and doing so helps their sense of integrity.

**Help them start tasks.** Getting started on everyday activities like eating and getting dressed is so hard for people with Alzheimer's. Their brains may preclude them from initiating the first steps. But if you get them started, they will likely be able to take the next steps and even complete the task.

**Do activities that maintain dignity.** Watch old movies, talk about experiences or vacations, and look at pictures. It is humiliating to see a person with Alzheimer's doing childish crafts, like making bunnies out of cotton balls. It is not just about keeping busy; it is about being treated with dignity.

**Celebrate the person.** Instead of focusing on what is impaired, focus on what the individual enjoys and can still do.

**Think about what is preserved even in the midst of a progressive brain disease. So much remains that these people can still do. We can transform the way we view Alzheimer's and bring life back.**

—Adam

### Please Welcome Our New Residents!

- Margret Kelly
- Paula Thompson
- Barbara Rosing
- Varouj Titizian



Meg Kelly and Vivian Rankin.

### Our Trip to the Getty Villa!



Richard and Isabel.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Fitness Class 🌿 10:15 <span style="background-color: #c00000; padding: 2px;">GR</span> Kings in the Corner 🌿 10:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Poetry Group 🌿 1:00 <span style="background-color: #0070c0; padding: 2px;">2P</span> Bridge 1:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Crossword Puzzle/Password 🌿 4:00 <span style="background-color: #92d050; padding: 2px;">TH</span> Word Games w/Michael Solomon 🌿 6:30 <span style="background-color: #92d050; padding: 2px;">TH</span> At the Movies	2 9:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Fitness Class 🌿 1:00 <span style="background-color: #0070c0; padding: 2px;">2P</span> Bridge 1:30 <span style="background-color: #0070c0; padding: 2px;">CL</span> Computer Lab 🌿 2:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Fitness Class 🌿 3:15 <span style="background-color: #c00000; padding: 2px;">GR</span> Guess That Phrase 🌿 6:30 <span style="background-color: #92d050; padding: 2px;">TH</span> At the Movies 6:45 <span style="background-color: #c00000; padding: 2px;">GR</span> Scrabble 🌿	3 9:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Fitness Class 🌿 10:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Wii Bowling 🌿 11:00 <span style="background-color: #92d050; padding: 2px;">TH</span> Wii Bowling 🌿 1:00 <span style="background-color: #0070c0; padding: 2px;">2P</span> Bridge 2:15 <span style="background-color: #92d050; padding: 2px;">TH</span> Mind Benders 🌿 3:00 <span style="background-color: #808080; padding: 2px;">B</span> Happy Hour 3:30 <span style="background-color: #c00000; padding: 2px;">GR</span> Afternoon Concert 6:30 <span style="background-color: #92d050; padding: 2px;">TH</span> At the Movies	4 9:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Exercise with Tony 🌿 10:30 <span style="background-color: #c00000; padding: 2px;">GR</span> Kings in the Corner 1:00 <span style="background-color: #c00000; padding: 2px;">GR</span> Singing and Song Writing 🌿 1:00 <span style="background-color: #92d050; padding: 2px;">2T</span> Poker 1:30 <span style="background-color: #808080; padding: 2px;">B</span> Scrabble 🌿 4:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Shabbat Service 🌿 6:30 <span style="background-color: #92d050; padding: 2px;">TH</span> At the Movies 6:45 <span style="background-color: #c00000; padding: 2px;">GR</span> Kings in the Corner	5 9:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Silk Scarf Painting 🌿 9:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Fitness Class 🌿 10:00 <span style="background-color: #c00000; padding: 2px;">GR</span> Scenic Drive 🌿 1:00 <span style="background-color: #92d050; padding: 2px;">2T</span> Poker 1:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Broadway Music History w/Merle Goldberg 🌿 3:00 <span style="background-color: #92d050; padding: 2px;">TH</span> Yoga w/Nichole 🌿 6:30 <span style="background-color: #92d050; padding: 2px;">TH</span> At the Movies
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13 9:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Fitness Class 🌿 10:30 <span style="background-color: #c00000; padding: 2px;">GR</span> Board Games 1:00 <span style="background-color: #92d050; padding: 2px;">TH</span> Movie Club w/Merle 🌿 1:00 <span style="background-color: #c00000; padding: 2px;">GR</span> Shopping Run 3:30 <span style="background-color: #c00000; padding: 2px;">GR</span> Afternoon Concert 6:30 <span style="background-color: #92d050; padding: 2px;">TH</span> At the Movies	14 9:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Fitness Class 🌿 10:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Mind Benders 🌿 1:00 <span style="background-color: #0070c0; padding: 2px;">2P</span> Bridge 1:00 <span style="background-color: #92d050; padding: 2px;">2T</span> Poker 1:15 <span style="background-color: #92d050; padding: 2px;">TH</span> Hot Topics 🌿 2:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Fitness Class 🌿 3:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Yiddish 🌿 6:30 <span style="background-color: #92d050; padding: 2px;">TH</span> At the Movies	15 9:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Fitness Class 🌿 10:15 <span style="background-color: #c00000; padding: 2px;">GR</span> Kings in the Corner 🌿 1:00 <span style="background-color: #0070c0; padding: 2px;">2P</span> Bridge 1:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Crossword Puzzle/Password 🌿 4:00 <span style="background-color: #92d050; padding: 2px;">TH</span> Word Games w/Michael Solomon 🌿 6:30 <span style="background-color: #92d050; padding: 2px;">TH</span> At the Movies	16 9:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Fitness Class 🌿 10:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Poetry Group 🌿 1:00 <span style="background-color: #0070c0; padding: 2px;">2P</span> Bridge 1:30 <span style="background-color: #0070c0; padding: 2px;">CL</span> Computer Lab 🌿 2:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Fitness Class 🌿 3:15 <span style="background-color: #c00000; padding: 2px;">GR</span> Guess That Phrase 🌿 6:30 <span style="background-color: #92d050; padding: 2px;">TH</span> At the Movies 6:45 <span style="background-color: #c00000; padding: 2px;">GR</span> Scrabble 🌿	17 9:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Fitness Class 🌿 10:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Wii Bowling 🌿 11:00 <span style="background-color: #92d050; padding: 2px;">TH</span> Wii Bowling 🌿 1:00 <span style="background-color: #0070c0; padding: 2px;">2P</span> Bridge 2:15 <span style="background-color: #92d050; padding: 2px;">TH</span> Mind Benders 🌿 3:00 <span style="background-color: #808080; padding: 2px;">B</span> Happy Hour 3:30 <span style="background-color: #c00000; padding: 2px;">GR</span> Afternoon Concert 6:30 <span style="background-color: #92d050; padding: 2px;">TH</span> At the Movies	18 9:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Exercise with Tony 🌿 10:30 <span style="background-color: #c00000; padding: 2px;">GR</span> Kings in the Corner 1:00 <span style="background-color: #c00000; padding: 2px;">GR</span> Singing and Song Writing 🌿 1:00 <span style="background-color: #92d050; padding: 2px;">2T</span> Poker 1:30 <span style="background-color: #808080; padding: 2px;">B</span> Scrabble 🌿 4:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Shabbat Service 🌿 6:30 <span style="background-color: #92d050; padding: 2px;">TH</span> At the Movies 6:45 <span style="background-color: #c00000; padding: 2px;">GR</span> Kings in the Corner	19 9:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Fitness Class 🌿 9:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Silk Scarf Painting 🌿 10:00 <span style="background-color: #c00000; padding: 2px;">GR</span> Scenic Drive 🌿 1:00 <span style="background-color: #92d050; padding: 2px;">2T</span> Poker 1:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Broadway Music History w/Merle Goldberg 🌿 3:00 <span style="background-color: #92d050; padding: 2px;">TH</span> Yoga w/Nichole 🌿 6:30 <span style="background-color: #92d050; padding: 2px;">TH</span> At the Movies
20 9:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Fitness Class 🌿 10:30 <span style="background-color: #c00000; padding: 2px;">GR</span> Board Games 1:00 <span style="background-color: #c00000; padding: 2px;">GR</span> Shopping Run 1:00 <span style="background-color: #92d050; padding: 2px;">TH</span> Movie Club w/Merle 🌿 3:30 <span style="background-color: #c00000; padding: 2px;">GR</span> Afternoon Concert 6:30 <span style="background-color: #92d050; padding: 2px;">TH</span> At the Movies	21 9:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Fitness Class 🌿 10:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Mind Benders 🌿 1:00 <span style="background-color: #0070c0; padding: 2px;">2P</span> Bridge 1:00 <span style="background-color: #92d050; padding: 2px;">2T</span> Poker 1:15 <span style="background-color: #92d050; padding: 2px;">TH</span> Current Events 🌿 2:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Fitness Class 🌿 3:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Yiddish 🌿 6:30 <span style="background-color: #92d050; padding: 2px;">TH</span> At the Movies	22 9:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Fitness Class 🌿 10:15 <span style="background-color: #c00000; padding: 2px;">GR</span> Kings in the Corner 🌿 1:00 <span style="background-color: #0070c0; padding: 2px;">2P</span> Bridge 1:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Crossword Puzzle/Password 🌿 4:00 <span style="background-color: #92d050; padding: 2px;">TH</span> Word Games w/Michael Solomon 🌿 6:30 <span style="background-color: #92d050; padding: 2px;">TH</span> At the Movies	23 9:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Fitness Class 🌿 1:00 <span style="background-color: #0070c0; padding: 2px;">2P</span> Bridge 1:30 <span style="background-color: #0070c0; padding: 2px;">CL</span> Computer Lab 🌿 2:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Fitness Class 🌿 2:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Let's Chat w/Sheryl Colby 🌿 6:30 <span style="background-color: #92d050; padding: 2px;">TH</span> At the Movies 6:45 <span style="background-color: #c00000; padding: 2px;">GR</span> Scrabble 🌿	24 9:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Fitness Class 🌿 10:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Wii Bowling 🌿 11:00 <span style="background-color: #92d050; padding: 2px;">TH</span> Wii Bowling 🌿 1:00 <span style="background-color: #0070c0; padding: 2px;">2P</span> Bridge 2:15 <span style="background-color: #92d050; padding: 2px;">TH</span> Mind Benders 🌿 3:00 <span style="background-color: #808080; padding: 2px;">B</span> Happy Hour 3:30 <span style="background-color: #c00000; padding: 2px;">GR</span> Afternoon Concert 6:30 <span style="background-color: #92d050; padding: 2px;">TH</span> At the Movies	25 9:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Exercise with Tony 🌿 10:30 <span style="background-color: #c00000; padding: 2px;">GR</span> Kings in the Corner 1:00 <span style="background-color: #92d050; padding: 2px;">2T</span> Poker 1:00 <span style="background-color: #c00000; padding: 2px;">GR</span> Singing and Song Writing 🌿 1:30 <span style="background-color: #808080; padding: 2px;">B</span> Scrabble 🌿 4:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Shabbat Service 🌿 6:30 <span style="background-color: #92d050; padding: 2px;">TH</span> At the Movies 6:45 <span style="background-color: #c00000; padding: 2px;">GR</span> Kings in the Corner	26 9:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Fitness Class 🌿 10:00 <span style="background-color: #c00000; padding: 2px;">GR</span> Scenic Drive 🌿 1:00 <span style="background-color: #92d050; padding: 2px;">2T</span> Poker 1:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Broadway Music History w/Merle Goldberg 🌿 3:00 <span style="background-color: #92d050; padding: 2px;">TH</span> Yoga w/Nichole 🌿 6:30 <span style="background-color: #92d050; padding: 2px;">TH</span> At the Movies
27 9:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Fitness Class 🌿 10:30 <span style="background-color: #c00000; padding: 2px;">GR</span> Board Games 1:00 <span style="background-color: #92d050; padding: 2px;">TH</span> Movie Club w/Merle 🌿 1:00 <span style="background-color: #c00000; padding: 2px;">GR</span> Shopping Run 3:30 <span style="background-color: #c00000; padding: 2px;">GR</span> Afternoon Concert 6:30 <span style="background-color: #92d050; padding: 2px;">TH</span> At the Movies	28 9:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Fitness Class 🌿 10:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Mind Benders 🌿 1:00 <span style="background-color: #92d050; padding: 2px;">2T</span> Poker 1:00 <span style="background-color: #0070c0; padding: 2px;">2P</span> Bridge 1:30 Resident Council Meeting 🌿 2:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Fitness Class 🌿 3:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Yiddish 🌿 6:30 <span style="background-color: #92d050; padding: 2px;">TH</span> At the Movies	29 9:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Fitness Class 🌿 10:15 <span style="background-color: #c00000; padding: 2px;">GR</span> Kings in the Corner 🌿 1:00 <span style="background-color: #0070c0; padding: 2px;">2P</span> Bridge 1:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Crossword Puzzle/Password 🌿 4:00 <span style="background-color: #92d050; padding: 2px;">TH</span> Word Games w/Michael Solomon 🌿 6:30 <span style="background-color: #92d050; padding: 2px;">TH</span> At the Movies	30 9:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Fitness Class 🌿 1:00 <span style="background-color: #0070c0; padding: 2px;">2P</span> Bridge 1:30 <span style="background-color: #0070c0; padding: 2px;">CL</span> Computer Lab 🌿 2:30 <span style="background-color: #92d050; padding: 2px;">TH</span> Fitness Class 🌿 6:30 <span style="background-color: #92d050; padding: 2px;">TH</span> At the Movies 6:45 <span style="background-color: #c00000; padding: 2px;">GR</span> Scrabble 🌿			





### Short Story Group

Wednesdays,  
 Sept. 9 and 23,  
 10:30 a.m.  
 Library

### Belmont's Card Players

Games Begin at 1 p.m.  
 Bridge (3rd Floor)  
 Monday–Thursday  
 Poker (3rd Floor)  
 Friday–Monday

### Poetry Group

Wednesdays, Sept. 2, 16 and 30  
 10:30 a.m.  
 Town Hall

### Meeting With the Chef

Friday, Sept. 4  
 1:15 p.m.  
 Town Hall

### Resident Council Meeting

Monday, Sept. 28  
 1:30 p.m.  
 Town Hall

### Broadway Music History W/Merle Goldberg

Saturdays,  
 1:30 p.m.  
 Town Hall

### Live Entertainment

Every Thursday & Sunday  
 3:30 p.m.  
 Great Room



Elanit and Management Team

### Congratulations on Five Years!

This past month marked five years of employment for a very special person to our Belmont Village of Encino team, Elanit Cohen. Born and raised in Los Angeles, Elanit continues to raise standards and strive for success, not only in her daily tasks, but for the people she works with.

“She’s such a staple to our team,” Eric Rocha, APC, said. “She wants everyone to succeed, which makes her a pretty inspiring coworker.”  
 Congrats, Elanit!

### Thanks to Everyone Who Came to Our Luau!



Willa Stone.



Eddie and Betty Firestone.



Leonard, Linda, and Vivian.



## Nurse's Notes



### Flu Season

It's that time of year again: Flu season is around the corner. The timing of flu is very unpredictable and can vary from season to season. Most seasonal flu activity typically occurs between October and May. In the United States, the flu most commonly peaks between December and January. The CDC recommends a yearly flu vaccine for everyone 6 months of age or older, as the first and most important step in protecting against this serious disease. People should begin getting vaccinated ideally by October, to ensure that as many people as possible are protected before flu season begins. It takes about two weeks after the vaccination for antibodies to develop in the body and provide protection against the flu. In addition to getting the vaccine, you can take everyday preventative actions like staying away from sick people and washing your hands to reduce the spread of germs.

If you do get sick with the flu, antiviral drugs which are prescription drugs can be used to

treat flu illness. Treatment with antivirals works best when begun within 48 hours of getting sick, but can still be beneficial when given later in the course of illness.

### Katrina's Corner

Summer is over, and it's easy to get motivated to get into a routine and take your fitness to the next level. Here's a list of the four workout and nutrition guidelines to ensure you fall into fitness and reach your goals.

**1) Aerobic Exercise:** The American College of Sports Medicine (ACSM) recommends aerobic exercise three to five days a week for 20 to 60 minutes each session to maximize fitness gains and fat loss.

**2) Resistance Exercise:** Regular strength training workouts are critical to maximize fat loss, build bone density, improve posture, develop muscle tone, and slow down the aging process.

**3) Drink at Least Eight Glasses of Water Every Day:** Our bodies are 50 to 60 percent water, and when we are dehydrated, our body and its organs and systems don't function at their optimal level. This limits your ability to exercise intensely and ultimately will affect your ability to burn body fat.

**4) Focus on What You Should Be Eating Instead of What You Shouldn't:** Ensure you consume five vegetable and three fruit servings every day.



Mario Guerrero

### Transportation Schedule

- **Medical Appointments**  
Must be scheduled on Tuesdays, Wednesdays and Thursdays.
- **Open Transportation**  
Can be used on days when medical appointments are not specified, and drivers are available.
- **Shopping Schedule**  
(Sign Up With Concierge.)  
1 p.m. on Fridays and Sundays.  
Meet in the GR.
- **Scenic Drive 9:45 a.m. on Saturdays.**  
Meet in the GR. Outings are scheduled on a weekly basis.
- **Outings**  
Outings every Tuesday.  
Departure will vary based on destination.





# Village Scene



Marie and Albert.



Francis and Libby.



Posing at the Getty Villa!



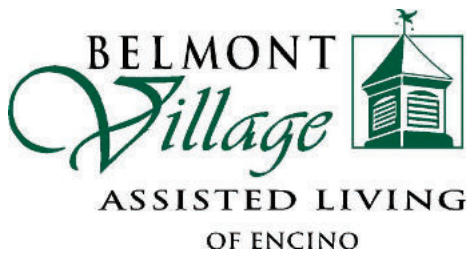
Harvey and Chef Jorge.



Beautiful day for an outing!



Doris Scott and family.



15451 Ventura Blvd.  
Sherman Oaks, CA 91403

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[www.belmontvillage.com](http://www.belmontvillage.com)

## Belmont Village Communities

CALIFORNIA: Burbank, Encino,  
Hollywood, Rancho Palos Verdes,  
Westwood, Thousand Oaks, San Jose,  
Sunnyvale, San Diego, Cardiff by the Sea

ARIZONA: Scottsdale

CHICAGOLAND: Buffalo Grove,  
Geneva Road, Oak Park, Glenview

SOUTHERN US: Memphis, Nashville,  
Louisville, Atlanta—Buckhead and Johns Creek,  
Dallas, Austin, Houston—West University and  
Hunters Creek

