



Belmont Village of Memphis Village NEWS

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A Publication of Belmont Village for Residents, Staff, Family and Friends

September 2015

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Belmont Memphis Manager Baseball Team!

Who Is Ready for Some Football??

We had a blast at our Belmont "Take Me Out to the Ballgame" party, but now it is time to ditch the baseballs for footballs! I always dread the end of college football because I know that there will be long hot months before the games kick off again.

In referencing "Uncle John's 7 Weird NFL facts," I thought I would share a few of the bizarre trivia facts.

What do running back Walter Payton and wide receiver David Patten have in common? They both rushed for a touchdown, caught a touchdown pass, and threw a touchdown pass ... all in the same game in 1979 and 2001, respectively.

World War II diminished the ranks of players in the NFL to such a degree that teams had to temporarily merge. In 1943, the Pittsburgh Steelers merged with

the Philadelphia Eagles; in 1944, the Steelers merged with the Chicago Cardinals.

In the last scoreless game in NFL history, the Detroit Lions and New York Giants ended in a 0-0 tie. That was in 1943.

Who had the worst game in NFL history? It might be Jim Hardy. During the first game of the 1950 season, the Chicago Cardinals quarterback threw eight interceptions—still an NFL record.

Of the NFL's 32 teams, 28 have made it to a Super Bowl. Four remain: the Houston Texans, the Jacksonville Jaguars, the Detroit Lions and the Cleveland Browns. Of those four, however, Houston, Jacksonville and Detroit have all hosted a Super Bowl, leaving Cleveland the only NFL city to never experience Super Bowl glory.

I hope your favorite team has a great season!

I know for a fact I will be in front of the TV or in the stands at Bryant-Denny stadium for every Alabama Crimson Tide football game! Roll Tide!!

Happy September and don't forget to join us for Chef Vinny's last cookout of the year on Labor Day. He will have an incredible spread for our residents and families!



Birthday Luncheon

Friday, Sept. 25, at
 11 a.m. (JK)



RESIDENT BIRTHDAYS

Sept. 2	SARA WINDLAND
Sept. 9	EVELYN MORRISON
Sept. 12	FRED JOY
Sept. 14	HELEN KELLER
Sept. 16	LOIS NICHOLS
Sept. 19	Ilse Bock
Sept. 20	ViviAnn O'Connell
Sept. 24	Sam Baras
Sept. 29	Troy Williams

EMPLOYEE BIRTHDAYS

Sept. 2	Vivian Smith
Sept. 3	Linda Wilkins
Sept. 7	Angela Jackson
Sept. 7	Sherita Frazier
Sept. 10	Keith Coleman
Sept. 10	Arnetta Warren
Sept. 11	Vincent Morelli
Sept. 12	David Fizer
Sept. 12	Prudencia Kitao
Sept. 16	Valaria Sanders
Sept. 16	Mesheika Hunter
Sept. 22	Elliott McGhee
Sept. 24	Danny Shackelford
Sept. 24	Reva Rodgers



Employee of the Month




David Partson, NH PAL

David brings a lot of energy
 and spirit to the neighborhood.

He loves to sing and help the residents with activities. That's why he has been nominated as Belmont's September employee of the month. Congratulations, David!

David has been with Belmont for six months now, but has already made a great impression! He comes to us all the way from Tanzania, where he was born. He came to the states and earned a degree in computer science from Liberty University.

He has a spouse, Mary, who is also a member of the Belmont family. Together they have two children, Belden (10) and Branden (8). During his leisure time, he enjoys activities such as music and arts and crafts.

Thanks for all that you do, David, and keep up the great work! You are a joy to be around and always keep our residents smiling.

The Year Was: 1938

- The first feature-length animated movie, Disney's "Snow White and the Seven Dwarfs" debuts in theaters and breaks box office records.
- Business tycoon and aviator Howard Hughes sets a world speed record by flying around the world in just 91 hours.
- Called a "lucky accident," the nonstick coating Teflon is invented in a DuPont lab.
- Ella Fitzgerald, singing with the Chick Webb Orchestra, tops the charts with her first hit, "A-Tisket, A-Tasket."





Resident Spotlight

SEPTEMBER RESIDENT OF THE MONTH



Grace Pitts

It is our pleasure to announce September's Resident of The Month, Ms. Grace Pitts.

Grace has been a resident at Belmont Village for four years now.

Grace was born in Fayetteville, TN, in Lincoln County and attended school there as well. Upon finishing high school, she went to Huntingdon College in Montgomery, AL.

Grace was in college when the war ended. Her "beau," George

Lofton Pitts, Jr., came home from the war and they were married in 1945. George flew P38 fighter and Reconnaissance planes during the war. He retired after 30 years of service with the National Aeronautic and Space Administration and the U.S. Army Missile command in Huntsville, AL.

Grace was blessed with three wonderful children, George L., Robert Palm and Bridget Jaffe. Grace is also very proud of her five grandchildren and loves spending time with them.

She enjoys traveling and reading. Some of the places that Grace has travelled to include England, Scotland, Hawaii and Florida.

You will surely find her watching her favorite football games on TV too. When Grace was younger, she loved to ride her horses named "Patsy" and "Star."

Thank you, Grace, for bringing such joy and pleasure to all of the residents and staff at Belmont. Your smile and humor brighten everyone's day! We are so glad you are part of our family at Belmont Village.



Early Voting

Residents will get an opportunity to vote early for mayor and city council. Shelby County Election Commission is coming Thursday, Sept. 10, at 1 p.m. at Belmont Village. Please do your American duty and make sure you vote!



Garden Water Lilies Workshop

Residents have the opportunity to sign up for an exclusive garden lily stepping stone workshop where residents will be instructed on how to make their on water lily stepping stone. Please sign up with Gena Garner, APC.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		9:30 TH First Evangelical 10:00 TH Combination Exercise 🌿 11:30 Lunch Bunch ★ 1:00 CL Communion 2:00 CL September Day and IQ 🌿 3:00 TH Bingo 4:00 B Happy Hour 6:30 CL Cardo	9:00 B Trivia 🌿 10:00 TH Exercise- Balance 🌿 10:30 CL Black Jack 1:00 CL Marketplace 1:45 CL 70th Anniversary of V-J Day 🌿 3:00 JK Wine and Cheese	10:00 TH Exercise- Strength 🌿 10:30 CL Penny Press Day 🌿 1:30 GR Chat with the Chef 🌿 3:00 TH Bingo 4:00 B Happy Hour	9:30 TH Communion with Carlos 10:00 TH Exercise- Yoga 🌿 10:30 GR Music with Miriam 1:45 TH National Wildlife Day 🌿 3:00 B Social Hour 4:00 B Happy Hour 4:15 TH Shabbat with David	10:00 TH Combination Exercise 🌿 10:30 CL Cardo 12:30 AL Mystery Drive ★ 2:00 JK Nostalgia Live Performance 4:00 B Happy Hour 6:30 TH Bingo
6	7	8	9	10	11	12
Labor Day 9:00 B Trivia 🌿 10:00 TH Combination Exercise 🌿 2:00 TH Bellevue Baptist 3:00 TH Sunday Movie 4:00 B Happy Hour 6:30 TH Bingo	10:00 CL Exercise- Yoga 🌿 10:30 CL Labor Day Crossword Puzzle 🌿 11:00 JK Labor Day Cookout 12:30 Shopping- Walgreens/Kroger 2:00 CL Dan the History Man 🌿 4:00 B Happy Hour 6:30 TH Monday Movie	9:30 TH First Evangelical 10:00 TH Combination Exercise 🌿 10:45 Lunch Bunch ★ 1:00 CL Communion 1:30 GR Chat with the Chef 🌿 3:00 TH Bingo 4:00 B Happy Hour 6:30 CL Cardo	9:00 B Trivia 🌿 10:00 TH Exercise- Balance 🌿 10:30 P Chrysanthemum Day 🌿 1:00 CL Marketplace 2:00 CL Healthy Living W/ Ryan 🌿 3:00 JK Wine and Cheese	9:30 TH Devotional With Becky 10:00 TH Exercise- Strength 🌿 10:30 CL Kickoff Day! Favorite Team! 1:00 B Early Voting 1:30 GR Chat with the Chef 🌿 3:00 TH Bingo 4:00 B Happy Hour	Patriot Day 9:00 B Trivia 🌿 10:00 TH Exercise- Yoga 🌿 10:30 GR Music with Miriam 1:45 CL Remembrance Day 3:00 JK Social Hour- Joe Oser 4:00 B Happy Hour	9:00 B Trivia 🌿 10:00 TH Combination Exercise 🌿 10:30 CL Cardo 12:30 AL Mystery Drive ★ 2:00 TH Movie Matinee 4:00 B Happy Hour 6:30 TH Bingo
13	14	15	16	17	18	19
Rosh Hashanah 9:00 B Trivia 🌿 10:00 TH Combination Exercise 🌿 2:00 TH Bellevue Baptist 3:00 TH Sunday Movie 4:00 B Happy Hour 6:30 TH Bingo	9:00 B Trivia 🌿 10:00 CL Exercise- Yoga 🌿 10:30 CL Glass Fusing 🌿 12:30 Shopping- Walgreens/Kroger 1:45 CL Uno Attack 4:00 B Happy Hour 6:30 TH Monday Movie	9:00 B Trivia 🌿 9:30 TH First Evangelical 10:00 TH Combination Exercise 🌿 10:30 CL Top Ten Tuesday 11:00 Lunch Bunch ★ 1:00 CL Communion 1:30 GR Chat with the Chef 🌿 3:00 TH Bingo 4:00 B Happy Hour 6:30 CL Cardo	9:00 B Trivia 🌿 10:00 TH Exercise- Balance 🌿 10:30 CL Mayflower Anniversary 🌿 1:00 CL Marketplace 1:45 JK National Guacamole Day 🌿 3:00 JK Wine and Cheese	9:00 B Trivia 🌿 10:00 TH Exercise- Strength 🌿 10:30 CL Black Jack 1:30 GR Chat with the Chef 🌿 3:00 TH Bingo 4:00 B Happy Hour	9:00 B Trivia 🌿 9:30 TH Communion with Carlos 10:00 TH Exercise- Yoga 🌿 10:30 GR Music with Miriam 1:45 CL Greeting Card Writing 3:00 B Social Hour 4:00 B Happy Hour	9:00 B Trivia 🌿 10:00 TH Combination Exercise 🌿 10:30 CL Cardo 12:30 AL Mystery Drive ★ 2:00 TH Movie Matinee 4:00 B Happy Hour 6:30 TH Bingo
20	21	22	23	24	25	26
9:00 B Trivia 🌿 10:00 TH Combination Exercise 🌿 2:00 TH Bellevue Baptist 3:00 TH Sunday Movie 4:00 B Happy Hour 6:30 TH Bingo	9:00 B Trivia 🌿 10:00 CL Exercise- Yoga 🌿 10:30 CL Advertising Slogans 12:30 Shopping- Walgreens/Kroger 2:00 CL Card Games 4:00 B Happy Hour 6:30 TH Monday Movie	Yom Kippur Begins at Sundown 9:00 B Trivia 🌿 9:30 TH First Evangelical 10:00 TH Combination Exercise 🌿 10:30 Lunch Bunch ★ 1:00 CL Communion 1:30 GR Chat with the Chef 🌿 3:00 TH Bingo 4:00 B Happy Hour 6:30 CL Cardo	Autumn Begins 9:00 B Trivia 🌿 10:00 TH Exercise- Balance 🌿 10:30 CL First Daily Newspaper Day 🌿 1:00 CL Marketplace 1:45 CL Brain Works 🌿 3:00 JK Wine and Cheese	9:30 TH Devotional With Becky 10:00 TH Exercise- Strength 🌿 10:30 CL In the Life of a Star: Ray Charles 1:30 GR Chat with the Chef 🌿 3:00 TH Bingo 4:00 B Happy Hour	Birthday Luncheon 9:00 B Trivia 🌿 10:00 TH Exercise- Yoga 🌿 10:30 GR Music with Miriam 1:30 CL Healthy Eating 🌿 3:00 B Social Hour 4:00 B Happy Hour	9:00 B Trivia 🌿 10:00 TH Combination Exercise 🌿 10:30 CL Cardo 12:30 AL Mystery Drive ★ 2:00 TH Movie Matinee 4:00 B Happy Hour 6:30 TH Bingo
27	28	29	30			
9:00 B Trivia 🌿 10:00 TH Combination Exercise 🌿 3:00 TH Sunday Movie 4:00 B Happy Hour 6:30 TH Bingo	9:00 B Trivia 🌿 10:00 CL Exercise- Yoga 🌿 10:30 B Current Affairs 🌿 12:30 Shopping- Walgreens/Kroger 2:00 CL Garden Water Lilies Workshop 4:00 B Happy Hour 6:30 TH Monday Movie	9:00 B Trivia 🌿 9:30 TH First Evangelical 10:00 TH Combination Exercise 🌿 10:30 TH Guess that Year 1:00 CL Communion 1:30 GR Chat with the Chef 🌿 3:00 TH Bingo 4:00 B Happy Hour 6:30 CL Cardo	9:00 B Trivia 🌿 10:00 TH Exercise- Balance 🌿 10:30 CL Johnny Appleseed Day 1:00 CL Marketplace 2:00 CL Resident Council Meeting 3:00 JK Wine and Cheese			



Belmont Park Baseball Party



Jean (MPC) getting into the spirit at our baseball party!



Stephanie has that Alabama Pride!



"This Month In History" SEPTEMBER

1868: The first volume of the children's novel "Little Women" by Louisa May Alcott is published. The instant bestseller has become a beloved literary classic.

1915: Nicknamed "Little Willie," the first tank prototype is unveiled. The armored vehicle was tested and improved, then put into battle the following year.

1940: President Franklin D. Roosevelt signs an act creating the nation's first peacetime military draft and establishing the Selective Service System.

1957: After months of advertising, the Ford Motor Company debuts the Edsel. The new car was kept top secret until the "E-Day" unveiling.

1962: The Four Seasons hit the top of the pop charts with their song "Sherry." It was the first of several No. 1 hits for the doo-wop group.

1985: Farm Aid holds its first benefit concert in Champaign, Ill., to raise money to support America's family farmers.

1995: Baseball's "Iron Man," Cal Ripken Jr., shortstop for the Baltimore Orioles, plays in his 2,131st game, breaking the record for most consecutive major league games played. Lou Gehrig held the record previously.

2004: For the season premiere of her daytime TV talk show, host Oprah Winfrey surprises all 276 members of her studio audience by giving them new cars.

2013: After 53 hours, Diana Nyad completes the 110-mile swim from Cuba to Key West, Fla. The 64-year-old was the first person to make the swim without a protective shark cage.

A Painter of Light and Dark

The painter Michelangelo Merisi da Caravaggio was born in Milan, Italy, on Sept. 29, 1571. Apprenticed at the age of 11, he journeyed to Rome around 1592 and began impressing art patrons with a series of mythological and allegorical paintings. Caravaggio developed a painting style that emphasized contrasts between light and shadow, known as chiaroscuro. His depictions of classic stories focused on the humanity of the characters. Caravaggio's temper constantly caused him trouble, and he fled Rome in 1606 after killing a man. His dramatic style influenced artists such as Rembrandt, Rubens and Delacroix. Caravaggio died under mysterious circumstances in 1610.

Help Wanted

Labor Day is a celebration of men and women in the workforce. Use this discussion topic to reminisce about your past. Talk with your friends about your memories and learn how everyone's experiences were similar or different.

- What was your first paying job? How old were you when you started it?
- Do you remember how much the job paid? Did you enjoy the work? How long did you stay in the position?
- What was the favorite job you ever had? What did you like about it?
- If you didn't work outside the home, would you have liked to? What would have been your "dream job"?
- What advice would you give a youngster starting his or her first job?



COF and NEIGHBORHOOD DISCOVERIES

Compliments of the Left-Handed

Nobody has counted them all, but studies suggest between 10%-30% of the world population is left-handed. There are some famous lefties: Barack Obama, Bill Gates, Oprah Winfrey, Noel Gallagher and Prince William. They even have their own day!

According to studies, left-handed males who have gone to university earn 13% more than their right-handed counterparts. However, left-handed women earn 5% less than their counterparts.

Lefties may be under-represented in humans but our furry friends are more than making up for it. Around 50% of cats are left-handed, according to research.

In many Islamic countries, people are forbidden to eat with their left hand, which is considered "unclean" because it is used for cleaning the body after going to the loo. Apparently "public display" or use of the left hand is also against the law in some Islamic countries, including Saudi Arabia.

According to a study, lefties live around nine years less than their right-handed counterparts.

Hmmm ... unlucky L.

South-paws are more prone to

have allergies and migraines, and research suggests that they are also more likely to become alcoholics. It's because the right side of the brain has a lower tolerance to alcohol.

Lefties are better at multi-tasking and make especially good sportsmen—Rafael Nadal and Cesc Fàbregas are ones. And lefties also tend to be drawn to careers in the arts, music and culture fields.

They are better at 3D perception and thought processing. Tests conducted by New York researchers found that there were more left-handed people with IQs over 140 than right-handed people. Famous left-handed intellectuals include Albert Einstein, Isaac Newton, Charles Darwin and Benjamin Franklin.

Leaders in history are more likely to be left-handed. U.S. presidents to be left-handed include current leader Barack Obama and former White House chiefs Bill Clinton, George Bush and Gerald Ford. Lefties in the British royal family include the Queen Mother, Queen Elizabeth II, Prince Charles and Prince William.



Health News

DR. SHAINBERG - PODIATRIST

On-site visits 1st Weds. of every month. Dr. Shainberg's fee is \$40 (cash or check) at time of service. Please turn in your payment to Linda Bello, DRCS.

GAMMA LABS

On-site collection services weekly on Thursdays.

INTERNAL MEDICINE OF THE MIDSOUTH

Dr. Randy Villanueva will be here every Thursday -Wellness Center (2nd floor).

Appointments and questions, please see Linda Bello, DRCS.

September by the Numbers

48. Grams of whole grains recommended daily. September is Whole Grains Month.

1.7 million. Number of new grandparents every year in the U.S. Celebrate Grandparents Day on the first Sunday after Labor Day.

39. Number of Founding Fathers who signed the U.S. Constitution on Sept. 17, 1787.



Belmont Village Scene



The men enjoying our baseball party.



Harriette and Darius having a blast!



Fun was had by all!



Rocky the Redbird and Leon!



Robert and Rocky kicking off our baseball-theme party!



Mrs. Ray and Rocky the RedBird!



6605 N. Quail Hollow Road
Memphis, TN 38120

ACLF Lic. 102
www.belmontvillage.com

Belmont Village Communities

CALIFORNIA: Burbank, Encino,
Hollywood, Rancho Palos Verdes,
Westwood, Thousand Oaks, San Jose,
Sunnyvale, San Diego, Cardiff by the Sea

ARIZONA: Scottsdale

CHICAGOLAND: Buffalo Grove,
Geneva Road, Oak Park, Glenview

SOUTHERN US: Memphis, Nashville,
Louisville, Atlanta—Buckhead and Johns Creek,
Dallas, Austin, Houston—West University and
Hunters Creek



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